



# Help at Home

BY MONTEFIORE

## Care your way

Help at Home by Montefiore offers the care you need, when and where you want it. Our Care Coordinators will help you to choose from the wide range of services provided by one of Australia's leading aged care specialists and deliver them into your home. So you can enjoy the freedom and confidence to live the best life possible, independently.

### What we offer



#### 24/7 HOTLINE

Our 1800 Help at Home hotline is staffed by healthcare professionals 24/7, ready to discuss the type of care you want or book an appointment.



#### COORDINATORS

Your personal Help at Home Coordinator will design and manage a program tailored to your individual, ongoing needs and budget.



#### WELLNESS

Enhance your wellbeing with Allied Health services including Physiotherapy, Hydrotherapy, Occupational Therapy, Creative Therapy and more.



#### HEALTH

Our skilled health team can assist with everything from managing medications to 24/7 nursing care. Plus, we offer domestic help and companionship.



#### TRACKER

The Help at Home Tracker GPS device allows you to see exactly when our staff will arrive for your next appointment, so we won't keep you waiting.



Call us today on 1800 251 537

[www.montefiore.org.au](http://www.montefiore.org.au)



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## How does it work?

Call Help at Home by Montefiore any time. Our Coordinator will speak to you about your support needs, then pay a complimentary visit to your home to discuss and develop a plan matching your needs with our services.

## How to apply

**Help at Home by Montefiore** is available for both Consumer Directed Care (CDC) packages and Fee for Service clients.

To apply for a CDC, you first need an Aged Care Assessment Team (ACAT). You can self-refer, get a referral via your GP, or our **Help at Home** team is happy to assist and refer you. (For more information on ACAT, visit: [www.myagedcare.gov.au](http://www.myagedcare.gov.au))

For Fee for Service care, our staff can provide a verbal quote over the phone, and formalise more extensive arrangements via an Agreement in writing.



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# Montefiore

## About Montefiore

Montefiore is one of Australia's leading specialists in the ageing experience, serving the community for more than 125 years. We provide premium care and support

while putting our clients' choice, dignity and wellbeing first in all areas of the organisation – including Residential Care and specialist dementia care at our Sydney campuses as well as **Help at Home**. As a non-profit organisation built on strong Jewish values, we believe it's our responsibility to look after each other as we age, and ensure that everyone has access to the Montefiore experience.